

SHARE THE TASTE OF GOOD HEALTH

It is Important that our products are sourced from local farmers — this guarantees that our food not only supports other small businesses, but we have confidence in the fact that we are placing quality food on your plate! Our food is predominately made from scratch and is always made with love!



CONTACT INFO

CALL



218-464-0491



mamarootsbus@gmail.com

Mama Roots



CATERING MENU

Weddings

Events

Business Meetings

Graduation Parties

Birthdays

Anniversaries

OUR MENU

BOWLS (GF)

Chick'N Buffalo Bowl, BBQ Chick Pea Bowl, Walnut Meditteran Bowl,

TACOS (GF)

Greek Tacos, Jack Hash Tacos, Buffalo Chik'N Tacos, Curry Tofu Tacos, BBQ

WRAPS

Thai Curry Wraps, Raw Greek Wrap, Habibti Wrap, Buffalo or BBQ Chik'N

WALKING TACOS (GF)

*same options under "tacos". Served over corn chips and garnished with fresh pico, lettuce, house-made sauces

SANDWICHES

Sloppy Joe, Korean Krunch, BLT sandwich, Tuscan Ricotta

*all entress are served with chips and pineapple pico or seasonal salad/
\$15 person (10+ people)*

ACAI BOWLS (GF)

Acai Bowl, Dragon Fruit Bowl, Blü Bali Bowl (all garnished with granola, chia seed pudding, fruit
/\$12 a person (10+ people)

BEST SELLER



ACAI BOWL

Acai Sorbet, Granola, Chia Seed Pudding, and Fresh Fruit



BBQ TACOS

BBQ Soy Curls, Local Shredded Carrots, Corn, Cilantro, Corn Tortillas, House-Made Ranch

SMOOTHIES & JUICES

JAVA KONG, HIPPIE JAM, GLOW, IRON MAN, CACAO TRIP, BLUE HAWAIIAN, CRAZY DATE

JUICES ARE CUSTOM MADE TO YOUR REQUEST



*MADE WITH ORGANIC FAIR-TRADE SUPERFOODS

SMOOTHIES \$8/PERSON
JUICES \$7/PERSON
(10+ PEOPLE)